

## **CHILDREN AND CHIROPRACTIC**

In my experience, the vast majority of people are unaware that children can have problems that would benefit from chiropractic care. In reality, children can have almost all of the problems that adults experience, and can often benefit greatly from chiropractic care.

Naturally, you don't see the degenerative changes that adults often have, and their natural flexibility often prevents them from being injured as often as adults. But children have accidents, carry heavy book bags, often have poor posture, and often spend hours in front of a TV, computer, or cell phone; all of which can lead to spinal problems.